

# BRAAM FAMILY

JULY 27TH, 2020



## WHAT CAUSES YOU TO FEAR?

### LUKE 8: 22-25

From the disciples' reaction, it is evident that fear is a real thing that we all come face to face with at some point in life. It starts to creep in when we no longer have control over something, it cripples us from doing what we'd normally be able to do and it starts to look like the plan we had is slowly starting to fall apart. At that moment the future looks uncertain; the first reaction that most usually have is that of panic and agitation because their peace is disturbed. In that moment of crisis, many look for an immediate solution, but sometimes that 'quick fix' can make things worse.

The disciples were in a boat with Jesus, but they were still afraid which indicates that it's possible to be with someone and still be ignorant of who they are. Your security in someone entirely depends on your knowledge of them. Mary knew who her Son was, and that gave her the confidence to say what she said when the wine ran out, she wasn't bothered by Jesus' answer (see John 2: 1-2). Your confidence in Jesus grows when your knowledge of Him grows.

It is possible to be with Jesus and still be fearful when something unplanned happens. Therefore you need to be with Jesus and also know Him. Fear will always push you to act and react irrationally. Like in this instance the disciples felt that Jesus didn't care about them, and turned to Jesus and blamed Him because He was the one who told them to cross over. Similar to how the children of Israel reacted in a time of crisis in front of the Red Sea, they blamed the same Moses that helped them leave Egypt (see Exodus 14:8).

The disciples witnessed Jesus perform many miracles, but in that moment of crisis, it seemed as if they had forgotten every miracle that He had ever performed and instead they focused on the storm. Connections are important but they are only efficient when you know what they bring to your life. Fear can cause one to forget and overlook God's ability to save while magnifying the problem at hand. At the same time, fear creates anxiety and anxiety affects our health in various ways. So when Jesus says "don't ever be anxious about anything", He is stopping you from getting your body sick.

When anybody faces a crisis, they will always manifest what they are most conscious of on the inside. But just like everything else, fear can be overcome, and one of the ways to do so is to live with the consciousness of the Spirit of adoption - God is your Daddy. The bible says in Romans 8:15 NKJV "For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father". There is a sense of safety and peace in knowing that you have a Daddy who takes care of everything for you.

Human beings usually measure someone's maturity or growth by their ability to live independently, but it's the exact opposite with God. One's growth or maturity in God is proportional to their ability to live completely dependent on God. Jesus even said that "the kingdom of God belongs to those who are like children" because children live life completely dependent on their parents. This means that though one grows physically, they remain spiritually dependent on God as their Abba.

With the consciousness of the Spirit of adoption comes the second point on how to overcome fear, which is the knowledge of His Love for you. 1 John 4:18 NKJV says that "There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love". It's one thing to know you have a Daddy but, it's another thing to know that your Daddy loves you so much.

This awareness brings a new dynamic in your walk and confidence in Him. You live a life knowing that He is ready to do anything for you. So anything that goes beyond your control, He will use it for His glory. Live a life conscious of your Father's love for you, and let the shalom of God dwell in you.

Amen

